

## **Surf Kayak Coaching Brittany, 11<sup>th</sup> to 15<sup>th</sup> Sept 2023**

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John-Paul Eatock (Surf Kayak Coaching and Lizard Adventure) leads the surf kayak trips to Brittany. We've been running Surf kayak trips to Brittany since 2018, with each year building on the last to find the best surf as well as the tastiest patisserie's! Les Pins is a brilliant venue allowing us to camp or stay in Chalets for a very reasonable price just a short drive away from many fantastic beaches on the Crozon peninsula, they even let us run a rolling session in their pool!

The Crozon offers so many different angles of beaches so that no matter what direction the swell or how big it is we can find the perfect kayak surfing spot!

### **What level paddler do I need to be?**

We are happy to work with novice through to advanced. Once the surf kayakers have shared their level of experience and aspirations with us, we endeavour to pick the best spot to suit your ability and needs.

### **Where?**

The plan is to be flexible, given the weather, with a focus around **The Crozon Peninsula**, the middle peninsula of Brittany. It is central, and as such has many options and angles of beaches for catching great surf.

We will base ourselves at a campsite that is typically Breton, just a short drive away from a stunning beach with either camping or caravan options.

Check out the website:

<https://www.camping-crozon-lespins.com/campsite-france-brittany.html>

### **When?**

Departure from (Plymouth) UK: Sun 10<sup>th</sup> Sept 2023, 22:00. Arrival: Mon 11<sup>st</sup> Sept 2023, 08:00.

until

Departure from (Roscoff) France: Fri 15<sup>th</sup> Sept 2023. 15:00. Arrival: 20:10.

The dates have been chosen to take best advantage of the tides and the warm, clear September water. Add some autumn sunshine and it will be perfect.

The above are the times that we are running the coaching/guiding part of the trip. You are more than welcome to book your own times to spend more time in Brittany should you wish or to travel from an alternative ferry port that works better for you.

### **What's included?**

Full coaching/guiding on the water. Transport of your kayak and equipment if required.



### **What will I need to bring?**

We can hire out the equipment to you, however it is best if you bring your own water gear as you know how it works best. If you need surf kayak gear, please contact [courses@surfkayakcoaching.com](mailto:courses@surfkayakcoaching.com).

You will also need to bring your own camping gear and we would recommend to bring some food, aiming to top up whilst you are in France (we find the wine and bread particularly agreeable). Please remember to bring a memory stick to keep all of the video footage that will be taken to help with your personal development and coaching.

### **What is the cost?**

The cost for the trip coaching is £440pp.

### **Who do I pay?**

Please visit [www.surfkayakcoaching.com](http://www.surfkayakcoaching.com) – got to Symposium & Trips page and click ‘Book Online’ OR contact [courses@surfkayakcoaching.com](mailto:courses@surfkayakcoaching.com).

### **What is not included that I will need to budget for?**

Your ferry fee, sustenance, camping and adequate insurance. For the overnight ferry you will need to book a reclining seat or more. For the day time ferry you will not have to book a seat etc unless you choose to. We would recommend that you go in your own vehicle to allow yourself flexibility. If you wish to share one of our vehicles or split the cost with another client, please get in touch with us.

We're very excited and know this trip is going to fill up quickly for sure. Don't delay - book now!