



Cornwall, England

Where?

Based in Hayle – a central location close to several great surf spots.

What do you do?

Surf morning and afternoon sessions every day, using our local surf knowledge to choose the best breaks to suit your ability and that sea conditions allow.

Accommodation

There are a number of places to stay in and around Hayle to suit a wide range of budgets. Accommodation in a local holiday park can be booked for you at an additional cost. Contact us for more details.

What to bring?

- Wetsuit.
- Rash vest if you wish to avoid rub.
- One surf kayak and paddle (these can be hired at an additional cost of £10 per day).
- Helmet, buoyancy aid and spray deck (available to borrow if you need to)
- Appropriate surf kayak clothing.
- Waterproof sun cream.
- Warm clothing for after surf / evenings.

Apres surf?

Hayle, and nearby St Ives, have an excellent selection of restaurants, take-aways, bars, supermarkets, surf shops and traditional pubs.

Cost?

2 days - £155

5 days - £325

Plus £15 for video footage to take home.

How to book?

Call **07845 204040** or email annette@surfkayakcoaching.com for more info OR complete the Course Booking Form and return to the same email or post to 5 Forth an Ula, Hayle, TR27 4QF. Payments can be made by card over the phone or by BACS.