

Advanced Surf Kayaking (BC Advanced Surf Kayak Leader)

This course is designed for those that want to surf competently in a wide range of locations and conditions. You will maximise your performance by receiving great specific feedback, including the use of video and an action plan for future development. We will take you into advanced conditions where personal skills, group leadership and peer support will be stretched and explored and shared strategies put in place.

British Canoeing Advanced Surf Kayak Leader Training and/or Assessment (optional)

You can complete the Advanced Surf Kayak Leader Training by doing this course OR complete the assessment if you have already done the training. The pre-requisite is that you have your Surf Kayak Leader Award. More info below.

What surfing level do I need to be?

For those that have either completed the Intermediate Surf Kayaking course OR have your Surf Kayak Leader OR can surf a wave competently and be in control in up to double head height whilst sitting your kayak.

What will I learn?

By the end of this course you will:

- Have the skills necessary to competently manage yourself in waves that could be powerful, steep, pitching and hollow, (reef, point breaks and heavy beach breaks etc.) and above double over head when sitting in a kayak.
- Recap the theory of how different heavy waves form.
- Understand how to more accurately predict the best place to go, given ability and a detailed understanding of the weather/swell/tidal forecasts.
- Advanced group management and rescue techniques in heavy surf.
- You will go home with an action plan and video footage to remind you of what to work on.

Personal skills that you will be working towards include:

- Excelling in your efficient paddle out, choosing the right wave from the back, and learning how to roll and punch through waves.
- Taking off effectively through correct timing given the height to enable you to stay on the shoulder/ in the power pocket of the wave, plus 'making' sections given good wave awareness and great diagonal runs.
- You will also work on a range of turning techniques to maximise the conditions, yourself and your equipment- all the way to becoming 'light'/getting air if you have the correct foundations in place.
- Transfer play-boating techniques to the surf environment to add that extra bit of spice.
- How to exit the wave through a range of 'final' moves, punching through the lip or carving under a breaking lip.
- How to choreograph your ride on the wave to hone your skills.



A range of rescue skills will also be covered in various scenarios, including:

Deep water rescues; beach landings in exposed places; water based repairs; towing using a range of techniques; carrying and surfing someone with you on your boat and safe; controlled shepherding.

What do I need to bring?

You need to bring a packed lunch, a drink, a grab bag with your towel and warm clothing in and whatever equipment you like to use or wear in the water. A camera is nice to have to use from the beach. Plus, a big smile ready to go surfing with.

The course fees include all the equipment needed, coaching and video. The equipment we can supply includes wetsuits, buoyancy aids, helmets, spray decks and of course surf kayaks and paddles. We use top level equipment, maintained to a high standard to ensure you are comfortable and safe on the water.

British Canoeing Advanced Surf Kayak Leader Training OR Assessment (optional)

You can complete the Advanced Surf Kayak Leader Training by doing this course OR you can do an Assessment if you have already done the Training. There is no BC fee for the Advanced SKL Training and no need to register with the BC for this training course. The pre-requisite is that you have your Surf Kayak Leader Award.

However, for the Advanced Surf Kayak Leader Assessment you will need in place your 2-day First Aid, plus evidence of a range of surfing (as per Advanced Surf Kayak Leaders syllabus) and you will need to complete the Leader Registration form and send it to British Canoeing at least 2 weeks before the course starts.

Follow this link for the British Canoeing info [British Canoeing Advanced Surf Kayak Leader Course](#)

Follow this link for the Leader Registration Form [British Canoeing Advanced Surf Kayak Leader Registration](#)

Prices

2 days £175 – An intensive course for those with experience and confidence to acquire skills quickly.

5 days £385 – For those that wish to spend more time to practice and consolidate their skills, so they become natural, and to get to know the local area.

Note: British Canoeing fees are in addition to these prices. Check the web links for details.